

## May Newsletter



AST is a 501(c) (3) support group.

WWW. astamputees.com

THE MISSION of The Central Pennsylvania Amputee Support Team (AST) is to serve and encourage its members to enhance their physical and emotional health through educational and recreational programs, peer counseling, and public relations.

**Our next meeting will be May 11, 2011. Jake Schrom, a member of AST who is a Penn State student and Paralympian will speak about his experiences as an amputee and competitive athlete. It will be in the HealthSouth meeting room at 6:30 PM. Refreshments will be provided.**

April was "limb Loss Awareness Month". Governor Corbett, along with many other governors signed a certificate making this proclamation. Next year, the Amputee Coalition is hoping to have a National Proclamation for the event and our local chapter is hoping to have a public event in Harrisburg.

Chad Kettler will be starting a new job this week. While he will no longer be at HealthSouth, he will remain on our Board of Directors.

The Amputee Coalition now has a new website ([www.amputee-coalition.org](http://www.amputee-coalition.org)) with such resources such as a chat room and information center for amputees. If you have access to a computer and have not seen it recently, it is worth spending time looking at the site map. The Amputee Coalition also has sites on Facebook and Twitter.

Dick and Barb Nickel were on vacation in Paducah, Kentucky when the Ohio River flooded the city. Dick said that on the 26<sup>th</sup> they were told they could either leave voluntarily or would have to be evacuated soon by boat. They opted to leave and are home safe and dry now.

Don Hossler still has a few openings at the Peer Visitor Training class on May 14<sup>th</sup>. You can contact Don at [dehoss@paonline.com](mailto:dehoss@paonline.com) or call 717-944-2250 for registration information.

There is still time to register for the National Amputee Convention June 24, 2011. For information visit the website or call Karilyn Kipple at 888-267-5669, ext. 8102