



**AST is a 501(c) (3) support group.**

### **JULY NEWSLETTER**

**Our Next Meeting will be held Wednesday July 21<sup>st</sup> at 6:30 at HealthSouth on the Patio. Hanger will be providing the picnic style meal and Bob Smith and a friend who is also an amputee will be talking about their experiences as bikers and how they continued to ride despite being amputees. For anyone who is a biker and an amputee, Bob can be reached at 717-432-5080.**

**Chuck Rhodes will be featuring Bob in his "Out and About" segment on ABC 27 News on July 19<sup>th</sup> and 20<sup>th</sup>.**

**Our next meeting will be on Wednesday September 15<sup>th</sup> at HealthSouth to celebrate National Rehabilitation Week.**

**If anyone would like to contact a member of the Association, please call Don Hossler at 717-944-2250 or Georgia Foltz at 717-834-5705. They are Co-Vice Presidents of the organization.**

If anyone is interested in attending the National Amputee Association August 26-29, in Irvine California, please call 888-267-5669 to register. It is not too late to do so.

#### **Members in the News:**

Ann Dennison, our Board Parliamentarian who holds a doctorate in physical therapy was featured in the *Carlisle Sentinel* on May 28<sup>th</sup>. Ann opened her own practice, Advanced Physical Therapy and Fitness about 3 years ago and has seen her practice grow based on one-on-one therapy using individualized treatment plans. She is also vice president of the Pennsylvania Therapy Association.

Jake Schrom, a Penn State Student on Main Campus and the leader of AST's State College Support Group, was featured in the *Centre Daily Times* on June 7<sup>th</sup>. Jake is not only busy playing wheelchair basketball as a member of the Penn State Ability Athletics Wheelchair Basketball Team, being a full time student but is also training for the 2012 Paralympics games in London. He is training in both power lifting and discus throws. He has truly come a long way in not only accepting his life as an amputee, but also in increasing his physical skills since he was injured in an accident just over 2 years ago. He is also a member of the local Amputee Support Team.

#### **Other dates of importance:**

Tuesday, October 5<sup>th</sup> at 4:30PM-Board of Directors Meeting at HealthSouth

Wednesday November 10<sup>th</sup> at 6:30 PM- Chad Kettler is working to have a group member who is actively working with the Wounded Warriors Project to have some wounded veterans present a program for us. More details will be available closer to that date.

Saturday, November 13<sup>th</sup>, Bon Ton Community Days Fundraiser

