



AST is a 501(c) (3) support group.

JULY NEWSLETTER

Our Next Meeting will be held Wednesday July 21st at 6:30 at HealthSouth on the Patio. Hanger will be providing the picnic style meal and Bob Smith and a friend who is also an amputee will be talking about their experiences as bikers and how they continued to ride despite being amputees. For anyone who is a biker and an amputee, Bob can be reached at 717-432-5080.

Chuck Rhodes will be featuring Bob in his "Out and About" segment on ABC 27 News on July 19th and 20th.

Our next meeting will be on Wednesday September 15th at HealthSouth to celebrate National Rehabilitation Week.

If anyone would like to contact a member of the Association, please call Don Hossler at 717-944-2250 or Georgia Foltz at 717-834-5705. They are Co-Vice Presidents of the organization.

If anyone is interested in attending the National Amputee Association August 26-29, in Irvine California, please call 888-267-5669 to register. It is not too late to do so.

Members in the News:

Ann Dennison, our Board Parliamentarian who holds a doctorate in physical therapy was featured in the *Carlisle Sentinel* on May 28th. Ann opened her own practice, Advanced Physical Therapy and Fitness about 3 years ago and has seen her practice grow based on one-on-one therapy using individualized treatment plans. She is also vice president of the Pennsylvania Therapy Association.

Jake Schrom, a Penn State Student on Main Campus and the leader of AST's State College Support Group, was featured in the *Centre Daily Times* on June 7th. Jake is not only busy playing wheelchair basketball as a member of the Penn State Ability Athletics Wheelchair Basketball Team, being a full time student but is also training for the 2012 Paralympics games in London. He is training in both power lifting and discus throws. He has truly come a long way in not only accepting his life as an amputee, but also in increasing his physical skills since he was injured in an accident just over 2 years ago. He is also a member of the local Amputee Support Team.

Other dates of importance:

Tuesday, October 5th at 4:30PM-Board of Directors Meeting at HealthSouth

Wednesday November 10th at 6:30 PM- Chad Kettler is working to have a group member who is actively working with the Wounded Warriors Project to have some wounded veterans present a program for us. More details will be available closer to that date.

Saturday, November 13th, Bon Ton Community Days Fundraiser

